

# Wellbeing Program Resources

- [Events](#)
- [Insurance Cost Estimator](#)
- [Optum Engage](#)
  - Meet the UHC Team
  - WellBeing Schedule of Events
  - Rally Attendance Form
  - Engagement Incentives
  - Know Before you Go to Urgent Care
  - Update Your Beneficiaries
  - Mindy. Body. You.
  - [Email US!](#)
- [Deferred Compensation](#)
  - Mission Square
  - Nationwide
  - Brighthouse
  - FAQs
  - Employer Match
- [Benefits](#)
- [Financial Wellness](#)
  - [BMG Loans](#)
- [New Hire](#)
- [Retirees & COBRA](#)
- [Beneficiaries](#)
  - Retirement Plan
  - Deferred Compensation
  - Health Savings Account
  - Life Insurance
- [Notices](#)
  - General Notice of COBRA
  - Continuation of Coverage
  - COBRA General Notice
  - Continuation of Coverage Domestic Partners
  - Domestic Partners Overage Dependents
  - Health Insurance Marketplace Notice
  - Notice of Privacy Practices Health Plan

- Medicaid CHIP Notice
- Medicare D Prescription Creditable Coverage Notice
- Newborns Act Disclosure - Federal
- Preexisting Exclusion
- Premium Assistance Under Medicaid and Children's Health Insurance Program Reauthorization Act (CHIPRA)
- HIPAA EBS (HIPAA)
- Social Security Number Collection Notice
- Special Enrollment Notice
- Termination of Benefits
- Plan Sponsor
- Uniformed Services Employment and Re-Employment Rights Act (USERRA)
- Women's Health Cancer Rights Act of 1998 (WHCRA)
- [Human Resources Division](#)